Welcome to the 2022 YWCA Central Alabama Annual Report. Thank you for your continued support this past year. For bringing hope and happiness into the lives of thousands of women, children and families, we thank you. For supporting them as they regain their footing, lift themselves up and propel themselves forward, we thank you.

Let's do it again in 2023!
Inside...

10-12
CHILD DEVELOPMENT
Features a high-quality learning environment and affordable care options for families.

13-15
DOMESTIC VIOLENCE SERVICES
Features a high-quality learning environment and affordable care options for families.

16-17
SOCIAL JUSTICE
Equips middle and high school students and adults with skills needed to stand against social injustice and make schools and communities more fair and inclusive for all.
Dear friends,

It is my pleasure to present to you the 2022 Annual Report of YWCA Central Alabama. We are thrilled to share the significant achievements and recognitions that have marked this past year. I am grateful to our outgoing board president, Andrea McCaskey, for her partnership, and I look forward to working alongside our incoming board president, Holly Stiles.

YWCA Central Alabama continues to stand out as a leader in comprehensive services to victims of domestic violence. Our team has worked tirelessly to provide survivors with a safe and nurturing environment, offering resources and support that enable them to heal and rebuild their lives.

Additionally, we have expanded our services to meet the evolving needs of our community. We have increased our advocacy efforts to promote racial and social justice, providing education and training to individuals and organizations to promote understanding and equity.

Furthermore, we have made significant strides in our youth enrichment programs, providing a range of opportunities for young people to develop leadership skills, build self-confidence and explore their potential.

None of these accomplishments would have been possible without our dedicated staff’s hard work and our stakeholders’ support. We are deeply grateful for the financial contributions, volunteer hours, and advocacy efforts allowing us to continue our work. Your support has enabled us to positively impact the lives of thousands of individuals and families in our community.

In 2023, we will celebrate 120 years of service! As we move forward, we remain committed to our vision of creating a world without racism, where women and girls thrive, and we invite you to join us in creating a brighter future for all.

Sincerely,

Dr. LaRhonda Magras
YWCA Central Alabama honored men in our community who have advocated for gender and racial equity in their companies and communities. While we have seen immense progress around women's issues throughout the past decade, we know there is still work to be done - and when men are willing to stand up and be ALLIES, our race for gender and racial equality is sure to be won. "We have long known that in order for real change to happen, everyone must be at the table," said YWCA Central Alabama CEO Dr. LaRhonda Magras. "We were excited to honor these incredible men who have stepped up to use their influence to ensure we are moving towards a more equitable world." In order for YWCA Central Alabama's vision of a community in which racism is eliminated, and women are empowered to truly come to life, we need partners like our YW Allies to join us in this fight.

The 9 Allies are:

1. Keith Thompson
2. Wilbur Johnson
3. Dr. Carlos Alemán
4. Scooter Thomas
5. Sherriff Mark Pettway
6. Mayor James Stewart
7. Joshua Vasa
8. Darrius Peace
9. Sam Todd
"WOW! Time really does fly when you're having fun. These past two years have been filled with all the highs and lows we are promised in this life. And as a dedicated board, we have met each and every challenge with grace, wisdom, and all that each situation required of us. It has been my honor and privilege to chair this board. Though I have been on or around this board for more than 20 years, I continue to be exposed to and learn more about what our YWCA means to the families we serve and the men and women who work there.

Serving alongside our incredible CEO, Dr. LaRhonda Magras, has been a pleasure. Her gifts, knowledge, and tenacity will stand our organization in good stead in the coming years. Like many nonprofits, there are significant challenges facing the YWCA of Central Alabama. And we have the right leader at the helm and the best board to assist her in navigating any difficulties successfully.

I love living in and serving the Central Alabama community that is home to this organization. We will continue improving it daily by empowering women, eliminating racism, and promoting justice."

"As 2022 ends, we anxiously await 2023 and our 120th celebration. It's hard to believe that our YWCA has been an anchor in our community since 1903, and when I think about the work we have done over the last 120 years, I am proud. To believe that the year our YWCA opened its doors, the 19th amendment was ratified, followed 30 years later, in 1955, with Rosa Parks refusing to give up her seat, launching the civil rights movement. In 1963 the Equal Pay Act was signed into law, prohibiting sex-based wage discrimination, and in 1964 Title VII banned employment discrimination based on race, color, religion, national origin, or sex. A lot happened in the first 50 years after the YWCA opened its doors in downtown Birmingham, and the women that went before us led that charge. We continue the fight to improve upon several of the protections listed above, and while it seems like it is an uphill battle at times, we are making progress and bettering the lives of the people we serve in our community.

Thank you for entrusting me to serve as Chair of the board; it is an honor, a privilege, and a job that I take very seriously. I look forward to reaching out to those who haven't heard from us in a while, reconnecting with former Board and Junior Board members, and growing our donor base. There are a lot of exciting things that will happen in 2023 and beyond. I hope you will join us in both our celebrations and in rolling up our sleeves for the work that still needs to be done. "

Holly Stiles  
2022-2023 Board President

Andrea McCaskey  
2021-2022 Board President
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We, in fact, are stronger together! We thank our Team YW for all their hard work this year! Without them, nothing we do is possible. We're fortunate to have a team who works tirelessly to move the mission of the YWCA forward. Our employees are the heartbeat of our organization. Every day we strive to be better than we were the day before. So here's to another year of eliminating racism and empowering women.

Thank you!
2022 FINANCIALS

$7,226,084

_unaudited total sources_

**SOURCES**

- **GRANTS**: 48%
- **CONTRIBUTIONS**: 16%
- **UNITED WAY**: 19%
- **PROGRAM SERVICE FEES**: 7%
- **SPECIAL EVENTS**: 8%
- **INTEREST / MISCELLANEOUS**: 2%

**EXPENSES**

- **PROGRAMS & SERVICES**: 75.5%
- **MANAGEMENT, GENERAL & ADMINISTRATIVE**: 24.5%
YWCA Central Alabama's Child Development Center offers high-quality, low-cost child care to families in Birmingham and surrounding areas. A select number of slots are reserved in all of our programs for families experiencing homelessness. We also provide families seeking quality program services.

CHILD DEVELOPMENT CENTER
Our Center operates nine early learning classrooms, including two classrooms for each and three main partnering agencies that fund slots for children and their families in our program.

QUALITY EDUCATION & CARE
Our program is licensed through the Alabama Department of Human Resources (DHR) and accredited through the National Association for the Education of Young Children (NAEYC) (less than 10 percent of all childcare centers, preschools, and kindergartens nationally achieve this recognition). Our program is also rated through Alabama Quality STARS – Quality Rating and Improvement System (QRIS).
There were 119 children in the Child Development Center during the 2022 program year, ranging from 6 weeks to 5 years. Over the course of the year, the CDC hosted 71 parent engagement events, which included 2,847 attendees. In addition, this year, we provided 369 units of service to meet the basic needs of families, such as food, job, or utility assistance, and referrals to services.
The YWCA hosted Thanksgiving Dinner for families whose children attended the Child Development Center. This fun event was an opportunity for community volunteers to come to support our program. The afternoon was filled with games, thankfulness, and plenty of food.
YWCA Central Alabama's Domestic Violence Services program breaks the cycle of violence by dispelling stigmas about domestic violence victims and survivors, addressing systemic barriers, and fighting cultural and societal norms that perpetuate gender-based violence.

DOMESTIC VIOLENCE SERVICES

The YW operates a 24-Hour Crisis Line — 205.322.4878 (HURT) — to assist callers with safety planning and other resources.

1,193 individuals participated in educational community outreach programs that raise awareness about the dynamics of domestic violence, gender-based violence, the cycle of violence, red flags, battering tactics, and the services offered through the YWCA.

Open houses were held for two YWCA Central Alabama Domestic Violence offices for Blount and St. Clair counties.
Supportive Services is YWCA Central Alabama’s holistic approach to serving individuals and families by connecting them to crucial programs and services offered throughout our organization and community.

- 148 clients received supportive services
- 971 units of service provided

Services are offered in a confidential, safe space where victims and survivors gain support in their efforts to build healthier relationships.

- 73 participants were provided 513 units of service in the Victim Support Group
- 75 participants were provided 458 units of counseling services
SHELTER SERVICES
YWCA Shelter Services focus on the needs of women and their children who face homelessness, regardless of the circumstances that led them to YWCA Central Alabama. Shelter participants work with a case manager to develop goals for employment, economic self-sufficiency, and the steps to secure and retain safe, permanent housing.

- 352 emergency shelter requests filled
- 5,913 nights of shelter provided

ADVOCACY & LEGAL
YWCA Central Alabama advocates help victims navigate the court system. At the same time, the Family Law Center provides comprehensive civil legal services to victims of domestic violence, sexual assault, stalking, and dating violence.

- 526 units of service were provided for advocacy & court advocacy
- The Family Law Center delivered civil legal services in 1,664 cases

ADVOCACY & LEGAL

Newly added to our domestic violence services is forensic health care. YWCA’s domestic violence forensic nurse oversees the application of forensic health care in the scientific investigation of trauma related to abuse and violence with domestic violence survivors.
YWCA Central Alabama is a social justice organization. Our initiatives are designed to equip communities with the knowledge and skills needed to stand for justice and make our community more inclusive. We demand a world of equity and human decency.

**ADVOCACY IS ACTION**

YWCA Central Alabama is committed to dismantling systemic barriers related to race and gender in our community, our state, and our nation. To do so, we collaborated with several mission partners in our efforts to Get Out the Vote. By leading workshops on advocacy and voter rights restoration, educating constituents about the most pressing issues facing our community, and urging citizens to contact their policymakers, we began forging a path to justice.

- engaged over 560 people
- maintained partnerships with six organizations
- collaborated with 31 organizations
- delivered 100 advocacy alerts

**YWE TALK**

Our YWe Talk series provides a platform and communal space to discuss important issues facing women, children, and communities of color. This series brings together thought leaders to inspire conversations about empowering women and eliminating racism.

- In 2022, we hosted 6 YWe Talk Webinars.
How to Apply a Social Justice Lens

For 119 years, YWCA Central Alabama has championed the intersection of race and gender with its mission to eliminate racism and empower women. We are a social justice organization. But what does "social justice" mean in the 21st century? What does social justice look like in our everyday lives? Join YWCA Central Alabama as we deconstruct the complexities of social justice and examine this popular term through the lens of equity in access, agency, advocacy and solidarity in action.
YWCA Central Alabama’s Community Housing program provides affordable housing services for families and eligible individuals with transitional and permanent housing needs to address homelessness and eradicate poverty.

COMMUNITY HOUSING
In 2022, YWCA Central Alabama’s Community Housing program provided 60,377 bed nights to 116 adults and 67 children through affordable, low-cost rental housing.

TRANSITIONAL & PERMANENT HOUSING
The YWCA strives to promote and support the dignity of each person we serve while they pursue a life of stability and independence.

ADDRESSING HOMELESSNESS
COMMUNITY HOUSING
Two unique features of our housing inventory are the Rosedale senior housing initiative in Homewood and YWoodlawn site — our commitment to the Woodlawn community revitalization.

Rosedale is part of the YW's continuum of residential programs for older adults and people with disabilities.

YWoodlawn is a collaborative empowerment initiative intended to eradicate poverty. Right at the community's doorstep is YWCA's Family Resource Center and Interfaith Hospitality House (a shelter that allows families experiencing homelessness to stay intact).

**WHO WE SERVE**

Our transitional housing is available to single women and single women with children. These individuals will likely have experienced domestic or dating violence, sexual assault, or stalking.

YWCA's seven permanent housing locations serve women, men, and families that are at risk of or currently experiencing homelessness.
YWCA Central Alabama's Family Resource Center (FRC) is a multi-purpose facility in the heart of Woodlawn providing outreach, case management, workforce development, trailblazing programming, and events for YWCA Woodlawn housing residents, the greater Woodlawn community, and beyond. Since 2011, YWCA FRC’s programming has met such community needs as GED preparation and attainment, tutoring, multigenerational programs, self-worth-affirming efforts, social justice initiatives, parenting support, personalized client services, financial literacy, and community outreach.

Economic empowerment removes barriers that have long marginalized groups of people. That's the work that YWCA Family Resource Center does. This bustling hub for collaborative efforts to inform, empower and elevate women, people of color, and others across Greater Birmingham offers clients educational support, outreach, case management, career readiness training, and life-advancing programs.

Participants pay nothing for these empowering programs, including Compensated Workforce Development, which provides career coaching and financial/resource assistance to those gaining tools needed for career readiness, healthy relationships, adult education, and more.

FRC implements programming and services through three focus areas as follows:

**ADULT EMPOWERMENT**
Through internal programs and external partnerships in the community, including GED prep, Compensated Workforce Development, and parent support groups.
- 84 individuals served
- 559 units of service provided

**YOUTH ENRICHMENT**
Youth Enrichment programming through internal programs such as CREW (Creating Responsible Educated Working Teens); CREW Alumni and Girls and Boys Mentoring through external partnerships impacted:
- 68 individuals served
- 754 units of service provided

**COMMUNITY ENGAGEMENT**
FRC offers Community Engagement programming through our partnerships that share jobs, training, and community resources. FRC also attends community events to collaborate with other community partners to intentionally broaden the YWCA’s footprint and serve clients more comprehensively.
- provided 309 units of services through community engagements
- collaborated directly with over 15 community partners

REM O V I N G  B A R R I E R S
FAMILY RESOURCE CENTER
EMPOWERING THE COMMUNITY
YWCA Central Alabama’s women’s clothing boutique is a staple within YWCA’s Economic Empowerment focus and provides free attire to YW clients and others through community partner referrals. Open to the public; proceeds benefit the programs and clients of the YW.

EMPOWERING WOMEN
Our primary customers are referred by various agencies helping women get their lives back on track. They may be experiencing homelessness and need attire for job interviews, are survivors of domestic violence, or have lost everything in a house fire or other calamity. These women browse My Sister’s Closet with confidence and dignity and select attire and other items at no cost through our referral program.

EMPOWERING GIRLS
YWCA Central Alabama partnered with Hope With Grace to provide prom dresses free of charge to young girls in the community. Prom Palooza provides full prom attire to girls in need during the prom season. Dresses, gowns, handbags, jewelry, shoes, personal shopper services, and more are all donated.

89 Referrals
193 Gift Cards
1,090 Transactions
1,627 Customers
YWCA Central Alabama salutes our sponsors, partners, and donors for providing critical financial and other support to advance our mission.

Your generous contribution to our programs and initiatives change the lives of some of our state's most vulnerable people.

You are a beacon of hope for the women, children, and families the YW serves across Jefferson, Blount, and St. Clair counties. Together, we can genuinely realize empowerment, inclusion, peace, justice, freedom, and dignity for all.

Janet Aarons
Susie Abbott
Brooke E. Adams
Agape Missionary Baptist Church
Tanya Agee
Toni Aigboose
Alabama Coalition Against Domestic Violence
Alabama Department of Child Abuse and Neglect Prevention - Children's Trust Fund
Alabama Department of Economic and Community Affairs - Division of Community and Economic Development
Alabama Department of Economic and Community Affairs - Division of Law Enforcement and Traffic Safety Division
Alabama Department of Economic and Community Affairs - Emergency Solutions Grant
Alabama Department of Human Resources
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Alabama Law Foundation, Inc.
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Iris Fisher
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Kelley and C. T. Fitzpatrick
S. Myers Fletcher
Linda Flippo
Lisa Florence
Beth Flippo
Jasmine Flowers
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